



# Weekly Family Bulletin

Monday 6th July 2020

[www.halfwaynurseryinfantschool.org](http://www.halfwaynurseryinfantschool.org)

**Caring, Sharing, Learning for Life.**

## A quick recap on our teaching arrangements for September!

If you missed last week's bulletin which gave full information re class teachers for September, please take a look on our website, or find a quick recap below! All parents/carers have now been informed of who their child's class teacher/s will be in September, and lots of work is ongoing to enable our children to celebrate the close of this academic year and help them to prepare for September. We really are looking forward to meeting you at the Zoom assemblies and visits into school this/next week. See you all there!

### F1/Nursery



Harley Maloney

**Miss Maloney**

### F2/Reception)



Adele Timmons



Rebecca Hughes

**Mrs Timmons - Elmers**

**Miss Hughes - Gruffalo** (NB—Mrs Briggs will teach in this class every Wednesday from September)

### Year 1



Amy Dale



Helen Kay



Lucie Hibberd

**Miss Dale - The Rainbow Fish**

**Miss Kaye and Mrs Hibberd - Very Hungry Caterpillars**

### Year 2



Georgina Jordan



Emily Bettinson



Vicky Briggs

**Mrs Jordan - The Enormous Crocodiles**

**Mrs Briggs and Mrs Bettinson - The Crafty Chameleons**

### Year 3



**Mr P Hick**

**Crafty Chameleons moving to Halfway Junior School**

### Year 3



**Miss G Marklew**

**Enormous Crocodiles moving to Halfway Junior School**

## **End of year celebrations and time for transition!**

We have planned as full a transition programme as possible to support our children to understand that this academic year will soon be coming to close, to celebrate their amazing efforts at home and at school, and also start to prepare for September. If you have not received an email detailing dates/times/arrangement, please get in touch with the school office as soon as possible. We know the visits will be a little unusual as staff, children and parents/carers will need to strictly adhere to social distancing, but we very much hope they will support our children's wellbeing. We are so excited about seeing you all in the school grounds again!

### **1. A short visit to school**

- **Current F1, F2 and Y1** children will be collecting their F2/Key Stage 1 school report from their current class teacher, and completed F2/KS1 learning books will also be prepared for you to collect/keep so you can celebrate progress over the year together. Children moving onto another year group in our school will also be given a 'Welcome Pack' to help them start to prepare for September, including a letter and booklet from their new teacher.
- **Children new to school in Nursery/F2 in September** have been allocated a short visit for one parent and child to call into school to drop transition packs off and meet a member of the team.
- **Current Y2** children have been invited, in small groups, to a special little outdoor picnic celebration in the final week of term (weather dependent!). Reports and books etc. will also be prepared for you to collect (**NB— Y2 Parents are also organising leavers' hoodies— the company need all Y2 parents to contact them BY TODAY at the latest to inform them if you DO OR DO NOT want your Y2 child's first name printed on this hoodie. This has not been organised by school so please contact Mega Prints directly about this on 07710544590**).

### **IMPORTANT INFORMATION RE SCHOOL VISITS**

- **IF YOU OR A MEMBER OF YOUR HOUSEHOLD HAS HAD SYMPTOMS OF COVID-19 WITHIN THE PAST 2 WEEKS YOU MUST NOT ATTEND SCHOOL. PLEASE SEEK MEDICAL ADVICE/BOOK A TEST.**
- If you would prefer us to email your child's reports etc. rather than attending school, or if you cannot visit (due to work commitments, if you are self-isolating or if you/your child cannot attend due to clinical vulnerabilities etc.) please contact school and we will be happy to make other arrangements for you/your child.
- Arrive at the Rotherham Road entrance and wait on one of the socially distanced markings. Do not use the buzzer as we will come and collect you at the time slot you have booked.
- Bookings must be made through Eventbrite (links sent last week) so we have limited numbers on site, and so we have a record of the visits in case we need to contact you to aid contact tracing if there is an outbreak.
- All documents to take home will have been pre-prepared and stored for 72 hours before collection for your safety.
- Children and adults must keep at least 2m distance from staff. Staff cannot come into contact with children outside the current bubble/group they are currently teaching in school.
- Visits need to be socially distanced and can only take place outside. No access to the school buildings.
- Please bring your own hand sanitiser for you/your child when you enter and exit site. We also have this in school.
- Please do not bring anything on site other than hand sanitiser and a bag to carry your books/reports etc. home in (or picnic blanket/food for Y2). If you need to leave something with us such as a completed transition pack (for children new to F1 and F2 in September), staff will ask you to drop items off in a box/leave them on a trolley and they will be stored for 72 hours before staff handle them.

### **2. Online Class Assemblies—F1, F2, Y1 and Y2**

Zoom links will be sent out to you so we can celebrate learning from the year with your child's current class teacher. New teachers will also be attending to say hello to you all, and to introduce themselves to the children—incl. Y3 teachers! These online assemblies are password protected for security and must not be recorded please.

### **3. 'This is Me!' videos to help children get to know new teachers**

'This is me!' videos will be sent home to help children get to know their new teacher even better. In September, we will build time in for children to visit new staff/classrooms on the first few days back, and we will also hold a 'Meet the Teacher' session for parents at the beginning of term to enable you to find out about new year group expectations etc.

## **What are the plans for September?**

On Thursday, the government announced it is its plan that all pupils, in all year groups, will return to school from the beginning of the autumn term to minimise the effect of the pandemic on long-term educational development. It is great news that they feel transmission and infection rates are falling enough to be able to do this.

In response to this announcement, Sheffield City Council is now working through the government guidance before it provides advice to schools on how they can properly plan for this to minimise the risk of transmission of COVID-19, including the need to keep class sized bubbles separate from one another, staggered start/end times, home testing kits made available in schools etc. Public Health Sheffield is also sending further clarification to schools on group sizes for Early Years and whether staff can work between different bubbles as this may impact on what schools are able to offer e.g. in terms of whether we can re-open breakfast/afterschool club, provide our staff with PPA cover etc.

Full plans for September will be shared with you before the end of term, after we have received further information.

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak>

## **When will wrap around care clubs re-open? incl. Breakfast Club/Superkids**

We have not been able to run these clubs this term to help protect our children—in line with government guidance—as children/staff are unable to come into contact with others outside their protective social bubbles. Schools are now awaiting advice from Sheffield City Council regarding September, including how/when we can start to offer wrap around care again in a Covid-safe way. As soon as we are able to answer this question, we will share this information with you.

NB—Parents/carers who use our Superkids wrap around care have previously been informed that we will be adopting our Family of Schools' approach to sessions when we are able to re-open in the next academic year.

## **INSET/Training Days from September**

**Tuesday 1st September 2020**

**Fri 23rd October 2020**

**Mon Jan 4th 2021**

**Fri Feb 12th 2021**

**Wed July 21st 2021**

These have also been agreed with Halfway Junior School so the training days are hopefully manageable for parents/carers. We are only having one closure day on 1st Sept. to prepare, as we would like all children to start back at school as soon as it is safe and possible. We may use Wed 2nd September for children and parents to visit school to meet their new teachers/classrooms (if this is in line with guidance at the time) to further support their transition and wellbeing.

We hope that our transition arrangements will go some way to helping children feel reassured and happy about their return to school in September—we can't wait to be able to see you all on this side of the school gate! Please contact us by telephone if you would like to talk to us more about transition (or please email if a written reply is more convenient for you) and we will always do our best to help. I will share plans with you for September before the end of term, once we have received advice from the Council. In the meantime, please take very good care of one another and we look forward to seeing everyone soon!

Warmest wishes,

Paula Bestall

# NEWSLETTER

A TERMLY PUBLICATION ABOUT ALL THINGS FOOD & NUTRITION!



Summer 2020

# Welcome to the latest edition of your Eat Smart Sheffield newsletter!

Despite the COVID-19 pandemic and the challenging times we have been experiencing, we have continued to deliver the Eat Smart Sheffield programme, helping to ensure our pupils, their families and the wider community benefit from learning more about growing, cooking and enjoying good, healthy food!

## Here is a snapshot of what we've been up to over the last couple of months:

- Produced a 'Feed Your Family for Less' resource pack
- Helped 2 of our schools achieve their Food for Life Bronze Award
- Linked up with local initiatives including 'Let's Cook' & 'Bags of Taste'
- Contributed to the 'Sheffield Learning Together' supplement for The Star
- Increased social media presence - you'll now find us on Facebook & Instagram. Plus we have over 1000 followers on Twitter!
- Continued to work closely with Sheffield Hallam University Food & Nutrition Department
- Started work on identifying the next batch of Eat Smart Sheffield Targeted Support Schools

**Read on to find out more...**

## FOOD FOR LIFE BRONZE AWARD SUCCESS

Eat Smart Sheffield work in partnership with Food for Life (FFL), a Soil Association programme committed to transforming food culture.



FFL has a network of over 4,500 schools across England, and supports them to provide fresh, well-sourced and nutritious meals and improve their overall lunchtime experience. It helps children, adults and teachers understand the importance of good nutrition and where their food comes from through practical cooking and growing activities and farm visits.

FFL was the first choice as a key partner for Eat Smart Sheffield, working together to help Sheffield make lasting and sustainable changes to the way we think about food, our environment and our health.

Since September 2019, over 50 schools across the city have actively engaged with the programme – and we

are thrilled that both **St Theresa’s Catholic Primary School and Phillimore Community Primary School** are part of this, recently achieving their FFL Bronze Award!

“ I liked it when we grew those peas.

*Year 2 pupil*

Amongst other good practice relating to a good school food culture, **Food for Life Bronze** awarded schools serve seasonal school meals that are at least 75% freshly prepared by a well-trained school cook. Pupils and parents are involved in planning improvements to school menus and the dining experience via a school nutrition action group (SNAG), boosting school meal take-up. Every pupil has the opportunity to visit a farm during his or her time at school, and opportunities are given for cooking and food growing activity.

“ I liked finding out where certain fruits came from and how they travelled from one country to another to get into our shops.

*Year 5 pupil*

Jeanne Windle, from St Theresa’s Catholic Primary School – the first to achieve their award (and in record time!), said:

‘I would thoroughly recommend getting involved with the Eat Smart Sheffield programme and the Food for Life Schools Award scheme. We were able to plan and achieve the criteria at our own pace, discovering and learning as we went along. By the time we achieved Food for Life Bronze Award, reaching our goal, our pupils and the school as a whole had become much more aware of the impact of good food on health and wellbeing.

Food for Life helped our children discover and learn about the food we eat and

specifically, what helps our bodies, what doesn't and why. We made the activities fun whilst educational, and we particularly liked the 'hands on' aspects such as growing and baking, which our student placements helped us with.

The project has certainly had a positive impact on our school.

"In May 2020, we were thrilled to receive the Food for Life Bronze Award. Food for Life provides a comprehensive online package to support and enable schools to reflect on food in its widest remit, including school dinners, the lunchtime experience, Food Education, etc.

The guidance provides advice on how and where changes need to be made. This includes boosting awareness of expectations placed on schools regarding food.

The application form for an award is straightforward and even during lockdown, phone advice was always available and supportive. "

## **BECOME A FOOD FOR LIFE MEMBER – FOR FREE!**

**As part of the Eat Smart Sheffield programme, all schools can sign up for the Food for Life Schools Membership Package FREE of charge!**

This gives you online access to a range of Food for Life resources including information on cooks and catering, school meals, food education and school-appropriate recipes. You also get your own portal giving you access to personalised membership of the online community where you can share learning and good practice with other schools locally and nationally. In addition, you will have your very own blog so you can let everyone know about the great work you've been doing and celebrate your successes – and there is even a monthly prize for the best blog!

So sign up now (it literally takes 3 minutes!) – Here's how:

1. Go to the Food for Life website: <https://www.foodforlife.org.uk/>
2. Click on '**ENROL NOW**' (top right corner)
3. Click on Schools '**Enrol now!**'
4. Select '**Membership Package**'
5. Add in your details as required (*you will need your school's unique reference number (URN) for this*)
6. In the 'Where did you hear about us' section, select '**Other (please specify)**' and put '**Eat Smart Sheffield**'

7. When the payment page comes up, put in this discount code:  
**SHEFF100SCHMEM19** (*Ensure you click 'Apply Discount' – payment total should be £0.00*)
8. Once you've added all the details, submit! You're all signed up!

## FOOD FOR LIFE SCHOOLS AWARDS PACKAGE

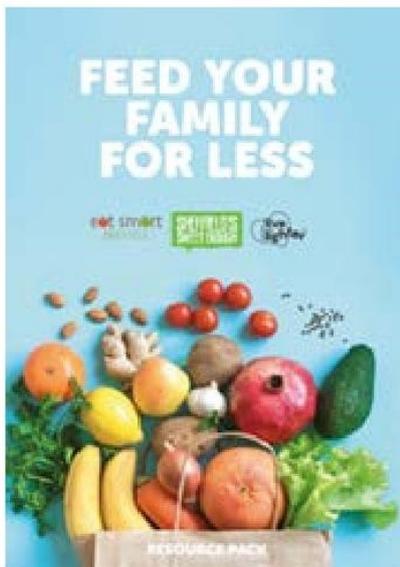
Want to follow in the footsteps of St Theresa's and Phillimore? Then why not consider the Awards Package?

Each of the Eat Smart Sheffield targeted support schools get a FREE upgrade to the Awards Package (*usual cost = £199*) and as part of our offer to you, all schools can upgrade from the Membership Package to the Awards Package for just £95 (*a saving of over £100!*).

For more information on the Awards Package, visit the Food for Life website:  
<https://www.foodforlife.org.uk/>

And if you'd like to sign up for the Awards Package, please contact Lisa Aldwinckle, Programme Manager for Eat Smart Sheffield in the first instance: [lisa.aldwinckle@learnsheffield.co.uk](mailto:lisa.aldwinckle@learnsheffield.co.uk)

## 'FEED YOUR FAMILY FOR LESS' RESOURCE PACK



Eat Smart Sheffield, Live Lighter and Sheffield is Sweet Enough have worked together to create a 'Feed Your Family for Less' resource pack.

This 28-page document contains a selection of low cost, healthy recipes, sugar swap & save ideas, a budget cooking factsheet as well as signposting information for additional recipes and healthy eating tips.

Please share this with your pupils, families and wider community.

You can download it for free via the Eat Smart Sheffield website here: <https://www.learnsheffield.co.uk/Partners/Eat-Smart-Sheffield/Resources>

# EAT SMART SHEFFIELD STUDENT PLACEMENT

By Guest Contributor Alicia Woodhouse

Sheffield  
Hallam  
University

My name is Alicia and I am a nutrition student at Sheffield Hallam University. We recently took part in placements for one of our modules that developed our knowledge of nutrition in a professional aspect, including schools in the local area. My placement was with Eat Smart Sheffield – a programme set up to help tackle the rising obesity and poor oral health issues in children in Sheffield.



I was allocated a placement at Arbourthorne Community Primary School. Initially my placement partner and I were curious as to what we could do that would have an impact on the whole community's nutritional knowledge, but we were amazed when we arrived!

This school is truly dedicated to not only helping the children understand healthy eating, but their families too. The school were already running

programmes all about food and nutrition, including cooking courses for parents and children. However, the gem of the school was their amazing 'Red Robin House'. This is an actual house on school grounds, originally a care-takers house, that the children were taken to for lessons on home life skills and cooking. I was lost for words when I entered, the children were learning life skills and how to cook, by year 6 they were all able to make a sponge cake and change their own bedding! It was at this point I realised how lucky these children were to have this modern facility within their school grounds. We also ran a couple of sessions with the children here, making healthier versions of foods they would regularly have. The children really engaged with it and took their recipes home to share with their families.

Red Robin House was not the only success of the school, they also hold a community fridge event twice a week! This community fridge is run by staff

“ This school is truly dedicated to not only helping the children understand healthy eating, but their families too.



and volunteers who take any surplus food donated by local shops and allow the community to come and get anything they may need, completely free of charge. Alongside this they also hold a family feast night every second Wednesday, where

“ I enjoyed spending quality time with my granddaughter. I liked all the sitting together to share the food.

families could come and spend time together. There are toys and games to play before a hot meal is served to them completely free of charge! I thought this was a lovely idea as parents could

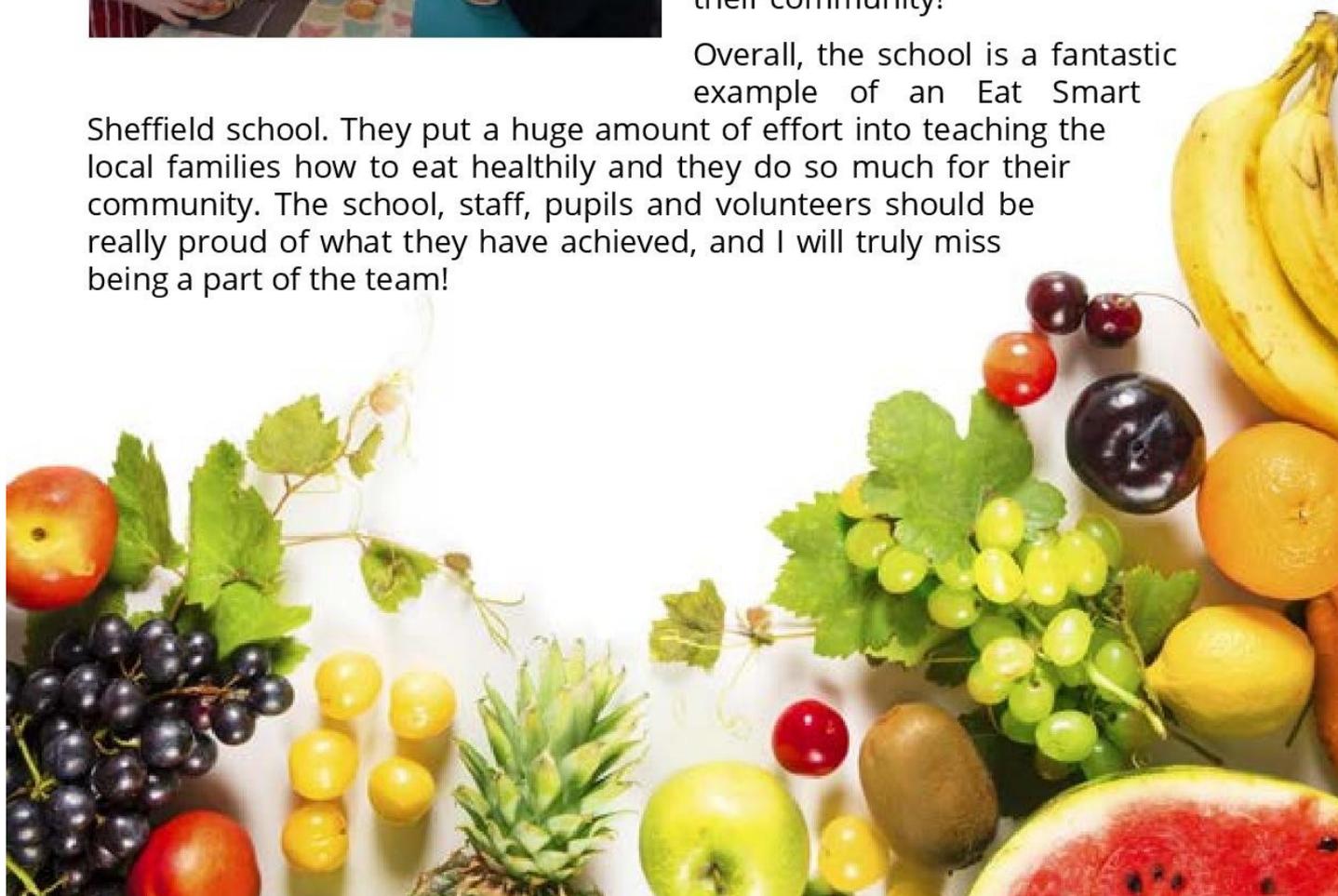
join their children in the school and enjoy some healthy hot food together. When I joined the team, I realised how hard the staff and volunteers work to get the food prepared for all the people who come every week!



Due to the Covid-19 outbreak, our placements unfortunately had to be cancelled but I continued to help the school with some baking tutorial videos and some work sheets for all year groups. The school have also been holding lots of online cooking and nutrition sessions that the families have been getting involved in, proving that nothing will stop them supporting their community!

Overall, the school is a fantastic example of an Eat Smart Sheffield school. They put a huge amount of effort into teaching the local families how to eat healthily and they do so much for their community. The school, staff, pupils and volunteers should be really proud of what they have achieved, and I will truly miss being a part of the team!

Overall, the school is a fantastic example of an Eat Smart



## 'SHEFFIELD LEARNING TOGETHER' SUPPLEMENT



You may have seen that Learn Sheffield have been working with The Star newspaper and key partners from across the city to produce a weekly home learning supplement. 'Sheffield Learning Together' has been going out in the newspaper every Thursday since May, and is also available to download from our website. Thanks to generous sponsorship, it has also been distributed to thousands of families free of charge by a network of schools and partners from Voluntary Action Sheffield.

The 16-page supplement includes learning activities for all age ranges, as well as tips and resources to support home learning, mental health, physical activity, and of course healthy eating! Each week there is a dedicated Eat Smart Sheffield page featuring recipes, food facts, puzzles, jokes and much more.

Councillor Abtissam Mohamed, Cabinet Member for Education and Skills said: "This is a fantastic idea, bringing together the experts in education from across the city to produce something useful and supportive which can reach all our families and children."

Stephen Betts, Chief Executive of Learn Sheffield, said: "We are so grateful to all of the partners and sponsors who have come together in the city to turn this idea into a reality. Home learning brings so many challenges for everyone but especially families with less access to the internet and printing. We hope that this will complement the support that schools across the city are providing for their communities and have something for everyone in the family!"

You can download every edition of the supplement on the Learn Sheffield website here: <https://www.learnsheffield.co.uk/Covid-19>



## SNAG IN ACTION!



Year 7 pupils at Firth Park Academy – one of this year's 3 Eat Smart Sheffield Targeted Support Secondary Schools - have set up a Student Nutrition Action Group (SNAG) to help promote healthy eating in their school.



Until lockdown hit, the SNAG had met for 1 hour every week since January to plan their activities, the first of which was an initiative aimed at raising awareness of the sugar content in various drinks.

The SNAG made a poster, creating something visually interesting and informative, as well as writing a script to deliver a presentation to their peers.

Their efforts resulted in them coming 2nd in their Academy Trust (AET) Health & Wellbeing Competition – a competition of over 20 secondary schools! - aimed at promoting ways of making others healthy and happy; such a great achievement!

Eat Smart Sheffield is so proud of every member of the SNAG – and Mrs Frankie Arundel, Mental Health & Wellbeing Lead at Firth Park Academy, who has engaged with the programme with such passion and enthusiasm. Well done to all involved!



And if you'd like more information on how to set up a SNAG in your school, please do not hesitate to contact Lisa Aldwinckle, Programme Manager for Eat Smart Sheffield: [lisa.aldwinckle@learnsheffield.co.uk](mailto:lisa.aldwinckle@learnsheffield.co.uk)

DID YOU KNOW?

### Think Before You Drink

The maximum recommended daily intake of sugar for anyone aged 11 or over is 30g (7.5 tsps)?

Yet a 330ml can of Coca Cola has 54g (13.5 tsps); almost twice as much!!

And a McDonald's strawberry milkshake has 74g of sugar (nearly 20 cubes!)



## FOR FURTHER INFORMATION

Feel free to contact us any time for more information, ideas or suggestions, and look out for news and updates...

### Check out our website

[www.learnsheffield.co.uk/eatsmartsheffield](http://www.learnsheffield.co.uk/eatsmartsheffield)

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